

Luxury Gastronomic Spain by bike.

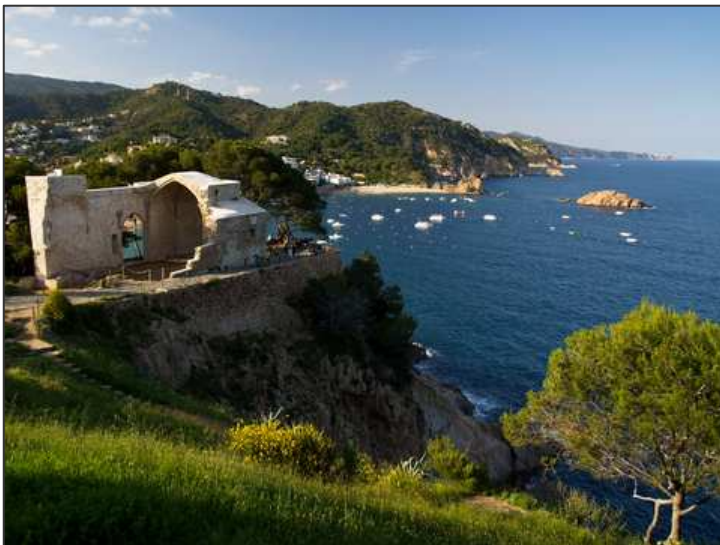
L'Empordà . Catalonia 5 days and 4 nights

Highlights:

- Discover the Catalan Tuscany.
- Exquisite gastronomy.
- Unique accommodations.
- Exclusive bike itinerary.



Puro Travel propose you an interesting travel, across L'Empordà, in Catalonia area, discovering the countryside, the Mediterranean sea, art, gastronomy and culture through a personalize bike itinerary.



This itinerary covers the Empordà interior and coast. This tour is outstanding for the quality, charm and high gastronomy of the selected accommodations, based on the Mediterranean diet. You get to visit wine cellars, rice- and olive-oil mills, gastronomic museums, etc.

The bike route starts in the town of Torroella de Montgrí and ends in the same city. From Torroella you cycle through the magnificent area of l'Empordanet, also known as the Catalan Tuscany, for its beautiful countryside and incredible medieval villages.

From la Bisbal d'Empordà you run through a lovely area of medieval villages towards a lovely fishing village by the beautiful Mediterranean coast, Llafranc.

From Llafranc, the route runs through the interesting area of the Pals rice fields and ends in Torroella de Montgrí.

You will enjoy a unique luxury accommodation: a castle, an oil mill and a lighthouse, to make your experience unforgettable.

Forget everything, cycling slowly this beautiful area at your own pace and discover the origins of Spanish high cuisine.

Luxury Gastronomic Spain by bike Outline

Day 1: Arrival at Torroella de Montgrí

Accommodation in Hotel**** Molí del Mig.
Dinner and breakfast included

Day 2: Torroella de Montgrí – La Bisbal d’Empordà (35 km)

This route goes through the most interior part of the region, the hilly sections sectors on the western borders at the alluvial plain. This is an eminently area where we can visit typical villages such as Verges, a medieval village with the remains of its ancient walls, and Foixà, where we can see a magnificent panorama of the plain of the Baix Empordà.
Accommodation in Hotel**** Castell d’Empordà
Dinner and breakfast included



Day 3: Bike ride La Bisbal d’Empordà - Llafranc (37km)

This route takes us from La Bisbal d’Empordà to the coast, passing through a large number of medieval settlements: Peratallada, Ullastret and Palau Sator.
Accommodation in the Far of Sant Sebastià, Hotel **** El Far
Dinner and breakfast included



Day 4: Llafranc - Torroella de Montgrí (37km)

Route to Torroella de Montgrí along the area ‘Empordanet’ with a great variety of beautiful landscapes and culture. You visit the magnificent medieval historic monument of Pals. This day, the route runs through the interesting area of the Pals rice fields.
Accommodation in luxury Bike Hotel Moli del Mig ****
Breakfast included.



Day 5: Departure

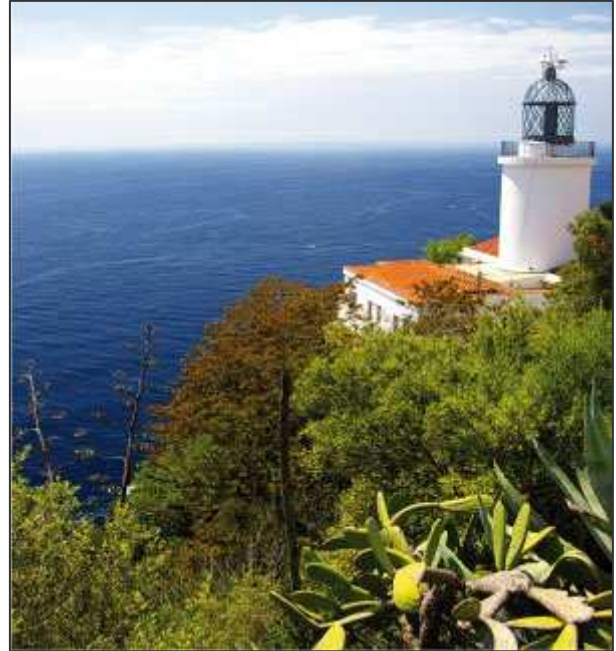
In addition you can extend your stay, extending this route or enjoying a few days exploring Barcelona. Let us know.

PRICES. Luxury Gastronomic Spain by bike:

From 1.104€ to 1.279€ per person, in double occupancy.

INCLUDES:

- 4 nights in selected hotels with breakfast included.
- Dinner 3 days in high quality restaurants with excellent gastronomy.
- Detailed personalize bike route book and maps in English.
- Local English backup service during your selfguided route by bike and assistance.
- Transport of luggage from one lodging to another in cycling circuit.
- Bicycle hire.
- Medical & Travel Assistance insurance.



OPTIONAL:

- Upgrade rooms.
- Transfers to/from Torroella –airports, Barcelona,...
- SPA Hotel Moli del Mig.
- Cancellation insurance.
- Trip extension with more bike route days or in Barcelona.

NOT INCLUDED:

- International Airfare
- Airport taxes
- Visas
- Gratuities
- Any item not noted as included



Please, consult us dates and prices for singles and groups.

Local taxes, management charges and medical & travel assistance insurance included.

*Prices subject to change. The price of your journey will change based on travel date, availability, additions or changes.

You may join a portion of this itinerary or create your very own tour.

Please contact us at (+34) 902 502 608 or info@purotravel.com for more information about this tour.